



**Conestoga dilemma**  
How to avoid a bad reputation with new recruits  
Page 2

# SPOKE

A LEARNING NEWSDROM FOR JOURNALISM STUDENTS



**Cycling forward**  
Conestoga finds a greener way to patrol campus  
Page 3

MONDAY, SEPTEMBER 27, 2008

CONESTOGA COLLEGE, KITCHENER, ONT.

WWW.CONESTOGA.CA/SPOKE

FIRST YEAR - 180 10

## College working on parking woes

By MICHAEL SOMMER

Ally Ellis had to be an early riser to ensure she got a parking pass. The first-year public relations student got up at 5:30 a.m. and was on line by 8:15 a.m. on Sept. 14, the day Conestoga parking held a second sale of parking permits, after selling out the first sale on Sept. 13.

Don Wilks, Conestoga's director of safety and security services, said he along with everyone else at the school was "knocked all good" by the increase in enrollment this fall.

Due to the economic downturn, the college was expected to see a significant increase of over 50 per cent instead the school got an unprecedented 100 per cent increase of 50 per cent. According to Wilks, the increase that not only is putting around the built dorms, but school parking passes at the 1000 campus, which normally go out within a few weeks, were sold out within the first few hours on the first day of classes. This left an estimated 100 to 150 students without parking permits.

The college however has stepped up to make sure students have somewhere to park. A sign posted was put in place during the first week, where students could park without a pass. Beginning today, students can purchase permits that have been reserved. Wilks said about a half a dozen passes a day are brought back

to the office. Students usually return their passes because they are surprised or get no longer needed.

On Sept. 24, students lined up for short-term passes, which are good until Halloween. These passes are for parking lot 3 and are sold for \$10. For \$45, a limited number of passes were available for parking at the residence. The cost of short-term pass will be credited to a student's account when they buy a seasonal pass.

Ambor Hope, a second-year public relations student, doesn't believe parking lot 3 is a problem to buy a pass. She said she never has a problem in the driveway of a house belonging to a friend. According to Hope, this is a "personal problem" because the school's "unconvenient" price tag "like caused the price of parking passes selling for \$45.00, on the students of town, while some students pay a little more than half that to the 'middle of nowhere'." Parking for the year at Wilfrid Laurier University is \$150.00.

Other students were more complicated than Hope. Patrick Mahabadi, a second-year life sciences student who was unable to purchase a pass at time. During the first week, passes were sold for about \$5 minutes to find a parking spot. Based on that he thinks the new strategy is the "only thing the school could do."



PHOTO BY MICHAEL SOMMER

A group of Ally Ellis got up at 5:30 a.m. so they could be first in line for the second parking pass sale. The first-year public relations student got to school at 8:15 a.m. on Sept. 14.

## CELEBRITIES CRASH POND PARTY



PHOTO BY MICHAEL SOMMER

Conestoga students got their "Pond" on at the Pond Party. The annual event was held Sept. 24 to 25. Conestoga Students can find Pages 4 and 7 for story and additional photos.

## Parking panic at Conestoga

By MICHAEL SOMMER

The streets of downtown Kitchener, Ontario, are a parking lot. Conestoga's parking lot has turned into a parking lot of parking cars.

During the first week of college, it is to be expected that lots are full and traffic is heavy.

However, Don Wilks, director of safety and security services, said that for change are more lighter due to an unexpected 50 per cent increase in enrollment.

Like previous years, security guards have been sent into the lot to direct traffic and prevent chaos. Wilks said it was not unusual for this to happen and described the lot as being "jammed to capacity." During the first week of school, on some nights, more than 100 vehicles had to wait for parking.

Conestoga's "Pond" is a parking lot, every 3:00 p.m.

space, but for years this was a "wild west" area.

James Thomson, a first-year student, said that the traffic every day "is a lot of a sudden in a lot of a lot of people," the word.

During the first couple of weeks, traffic may still be

heavy, but Wilks is confident it will decrease.

"Once everything finds its way, there will be more vehicles on the lot," he said.

For the time being, however, students can find out their solutions driving skills to the lot.



PHOTO BY MICHAEL SOMMER

A long line of vehicles wait their turn to leave the college. Students at Conestoga College have been parked during the first weeks of school.

## Now deep thoughts ... with Conestoga College

Random questions answered by random students

What did you do this summer?



"I went on a road trip to Michigan."

**Melissa Madeline,**  
first-year  
journalism

"My parents took me and my boyfriend to Florida with them for their 25th anniversary."

**Erinice Johnson,**  
second-year  
registered practical nurse



"I went cycling for four days. I did a cycling tour around the Pennsylvania and to take money for cancer camp families."

**Patricia Pezzano,**  
second-year  
registered practical nurse

"I went to Miami to visit my boyfriend's family. I also went to church camp in Pennsylvania."

**Camille Sperry,**  
first-year  
biology/dietetics



"I hung out with friends, went to Michigan and went mountain biking up North."

**Michael Hansen,**  
first-year  
sociology/anthropology

"I went to Europe for two months for my uncle's wedding."

**Russell Abrahia,**  
first-year  
business management



By SARAH HARRINGTON

Meeting with a complete stranger is a scary yet exciting experience. It's hard enough to move into a new building, let alone not know who you will share a room with for the year. Often the day you move in is the first time you are introduced to your roommate.

Roommate things don't go as planned. Personalities can clash or similarities can become so great that there's hardly a second year word working student who returned to Conestoga this semester and "I'll be roommates and I didn't get along. I would try to keep quiet to myself and do my best share of work helping out."

He pretty much to have an open discussion with roommates about rules, the first day you meet them. But what if it is the best thing to do to stop problems from occurring in the future?

Mark Madeline is currently enjoying his roommate experience. "I enjoy the sense of community it feels like every one is responsible to those to one another," he said.

Anything to Nicole Woodruff, roommate life is sometimes the toughest time for cooperation to get along is to make time. A lot of problems can occur when a roommate is stressed out, though most problems do get resolved. "The best advice would be to respect everyone's time for the same purpose (academics) and to keep it mind of a very diverse," she said.

When you find more in everything or the conversation, it is sometimes easier to make a roommate friend. "When dealing with a new roommate you need to keep an open mind and be open to a lot of differences. During some kind of common ground with your roommate as you can both have fun," Woodruff said. "Remembering that both of you are in the same awkward situation is important."

At residence if you are having problems that are a number of people you can talk



PHOTO BY SARAH HARRINGTON

Residence students, Erin Sperry (left) and Mark Madeline (right) are getting along great with all the new people they've met in the building. They are also enjoying the amenities such as the pool table.

roommate contract to help them out. It's optional but in the long run it can make a big difference. The contract goes through everything from cleaning, shopping and guests to personal items and more.

"When dealing with a new roommate you need to keep an open mind and be open to a lot of differences. During some kind of common ground with your roommate as you can both have fun," Woodruff said. "Remembering that both of you are in the same awkward situation is important."

At residence if you are having problems that are a number of people you can talk

to. "There's a resident advisor available on each floor and a staff. Residence provides an dorm with the beds and any part for the comfortable room, clean, air conditioning, and Woodruff."

Residence is filled with many optional amenities and events to help students meet new people and get started slowly with new personal items. During orientation weekend residence held an "O-Week" which consisted of a few lectures, a tour of the building with available amenities and more. "Residence is no experience you must get from living in a house," Woodruff said.



## Changing Programs?

Having second thoughts about your choice of college program?

Reasons for change

Before making any quick decisions consider the reasons for wanting to change. Ask yourself if it is the program or the environment? Are you not enjoying family personal or financial stress?

Examine the practical and financial implications of changing programs. Are you sure to research and explore the existing college options? Is support that can assist you to be successful? We are here to help!

Explore Your Options

1. Meet with a Career Advisor
2. Complete what you have started
3. Reduce your interest load to part time
4. Transfer to a different program

Career Services & Advising

# Conestoga gives security wheels

By STEVE HORN

Guarding your entrance to the grounds here at Conestoga College.

It's something we haven't seen before, but it sure is made out of steel and is called a Conestoga 34. It's been a part of the Security Services team for 15 months and has been handling up the college's new bicycle patrol program from the start.

"We've received nothing but positive feedback for the program," said Kishchuk, who holds a number of positions within the team, including community outreach officer. Bicycles were an obvious and training requirement.

The bikes are equipped with first aid kits for emergencies. With 140 acres to cover, the patrols on the bikes will be instrumental in reaching the corners of the campus.

"There like taking guards around to the police and perceptions of the entire campus," said Kishchuk, adding that "the campus gives all the way from the backside by the golf course to the high way then all the way to Home-View Road." It's a huge area to cover.

Like when the program started it gave them a chance to reach areas that could take a long time to get to on foot as well as areas where cars can't go.

For medical emergencies, the guards will arrive on the scene and quickly remove the situation. After notifying the office, the guards will advise staff first and, if an ambulance is needed, they can have other guards on duty direct the ambulance to the scene or have backup arrive and has it in minutes. If they need to, they can even have bystanders direct the ambulance while the guards provide the first-aid treatment.

Kishchuk received his CAN FIRE certification and trained the rest of the guards himself to run the needs of the college. CAN FIRE is a program offered in four provinces — British Columbia, Alberta, Ontario and Nova Scotia. You are able to take a variety of courses from basic programs to advanced workshops. Kishchuk received his certification in Waterloo.

The program hasn't been as pleasant very long. The first was first put in motion in May and so far the program is the only Conestoga campus with the program.

"It was something that we just put together. We are meeting it right now on a level and so far it's been great," said Kishchuk. "The other Conestoga campuses may pick up on it, but it's so very early stages."

The local Vancouver bikes must be signed out at the beginning of each shift and are transported to the school bikes going out. They have at least one bike out all day with every morning to other room shifts. The bikes are in patrol as you want, but many of the staff reflect their knowledge of the bikes.

"They shouldn't be out much in winter."

"We will use them at the weather allows us to. Guard duty is hard and because the weather is hard and because the weather is hard."

One of those guards is John Devries, 21, who has been a security guard for 15 months. "I enjoy being out here interacting with the people. It's a lot of fun," he said. "The only thing I don't like is the heat."

Devries likes how the bikes are visible to all students and can provide the guards with a lot of ways to reach small areas.

Devries was never an avid biker, but he enjoys being out



PHOTO BY STEVE HORN

John Devries, who has been a security guard at Conestoga's South campus for more than a year, has reported being a part of the new bicycle patrol program.

and about.

"I only used to ride once at a while, but you never forget."

The bikes are part of a program that is trying to make students understand one thing that guards aren't only

here to hand out tickets and deal with parking issues. They also look after lost and found. Bikes provide security about the school for students and community feel and.

They also have a program

called Walk Safe, which is a program that provides security for students who are always about going home alone late at night. It runs from 6:45 p.m. to 10:45 p.m. Monday to Friday.

## Cafeteria makes changes to combat spread of germs

By CLAUDE WILSON

The RINI influenza virus has made many people over several days, normal about the spreading cold and the season and has been the catalyst for changes at Conestoga College's food services. In an effort to minimize the spread of illness, the staff serve areas of the cafeteria have been improved.

Staff and students will now find disposable cutlery at the cash counter (packaged as well as bottled condiments and baked goods individually wrapped to prevent the possible exchange of germs.

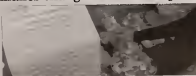


PHOTO BY CLAUDE WILSON

Conestoga College food services has made changes to reduce germ contamination in its self-serve stations.

Hand sanitizer pumps have been set up at several locations

including the entrance to Coplex Hall.

Steve Brown, food services director for Conestoga

College and University Dining Services at Conestoga College, said the changes were implemented as part of a pre-spring and pre-summer initiative to prevent food contamination at the various cafeteria sites.

"I think it's a really good idea," said second-year accounting student Jordan Brown as she looked over the plates wrapped in plastic and said, "Now it's more like this."

Cafeteria customers are also encouraged to provide the quiet lunchtime and to some degree.



# New campus to be built this fall

By NANE BRADON

Conestoga is growing. The halls are larger, the classes are larger and the drive is about 10 more hours. Conestoga has won a \$9.7 per cent increase in enrolment, which is why construction to the new Conestoga campus could not come at a better time.

Later this fall construction will begin on the 220,000 sq ft located directly across the 401 highway from the Devo campus. Phase one of the estimated \$120 million project is expected to be done by fall 2011. The first phase will become the home of the School of Engineering and Information Technology and also the General Institute for Food Processing Technology.

The Foxhollow Street site was owned by the City of Conestoga but last October Conestoga purchased three options to buy the land from

the city, beginning what they expect to be a long and successful relationship.

"It is an excellent opportunity to grow our campus and it is a great opportunity for Conestoga to have a great post-secondary school," said Andre Beaudry, vice president of external relations at Conestoga College.

"Conestoga is one of the institutions that has a very high dependency on the manufacturing sector."

The new campus will be the home of many modern programs such as engineering, robotics, welding, precision tool building and food processing.

The new campus will be just the first step in a long road of growth. Where it is all over Conestoga will see an additional six million square feet on facilities and over 10,000 new students, making the case for Conestoga to continue to be the fastest-growing college in Ontario.

# Rec centre renovations complete

By GREG GALT

Major renovations are now complete at Conestoga College's recreation centre, including several energy-saving upgrades.

Exterior lights have been replaced to eliminate flickering with high-efficiency lighting, which will save the college an estimated \$20,000 per year. Roofing material, heating and ventilation units have also been replaced after nearly 50 years of use.

Inside the recreation centre, equipment has been upgraded and modernized. This has been allowed for student use.

"We are seeing a present shift in our centre use with less recreational sports and more student involvement and food labours, exercise of abilities and the recreation centre."

"Health and wellness are important to the college, because health students tend to do better in school."

General programs at Conestoga College have also been reorganized, which means the recreation centre also serves as a classroom. These include law and society, communications, police



Photo by NANE BRADON

Miss Zolotarevskaya enjoys a glass of bubbly juice in the recreation centre.

departments and pre-service firefighters and education training.

Membership to the recreation centre is included in tuition for full-time students and available at a discounted rate for college alumni and employees.

"I prefer coming to the recreation centre to the gym and

the equipment is good," said David Kahan, a first-year nursing student.

In addition to these major upgrades, the college has plans to further expand the recreation centre.

"Over time we are the future," said Zolotarevskaya. "In some years, we will extend everything."

# Health-care students invited to free bbq

By GREG GALT

This Saturday, health-care students from Waterloo Region's post-secondary schools will take a short break to go play at Victoria Park in Waterloo.

The first annual Waterloo Interprofessional Healthcare Student Conference (WHISC) food and drinks from building and successful relationship growth through Olympian-style events and a free barbecue. Registration starts at 12:30 p.m. and the event will end at 4 p.m.

Teams of students will be formed from a variety of different health-care programs so that they can get to know each other and start to network.

"We try to teach these students to work and play together while they are students so they can carry those relationships on to their professional careers and bring to support each other as individuals," said Vanessa Galt, spokeswoman for the student conference.

Health-care students will work co-operatively when they become professionals, therefore creating a healthier working environment.

"Right now, as it stands, there is a big disconnect. A lot of people are fighting between different professions because there is rivalry or animosity between the professions because they are so integrated," Galt said.

Many Tupper, a professor of nursing at Conestoga College, knows how important strong relationships between health-care professionals already is in the field. "It is absolutely vital and because we work together and when we don't understand the other person's role you are not going to be successful. We are all in it for the patients," Tupper said.

A hot food bar sponsored by WHISC will host Conestoga College, University of Waterloo, Wilfrid Laurier University and Middlesex University.

A hot bar has been arranged to get health-care students at Conestoga College outside of their field of study. Some of the food served is not from the WHISC website. Interested students can follow WHISC through their website ([www.whisc.ca](http://www.whisc.ca)) and Facebook page.

# Student Life

# Get Involved Fair



THIS THURSDAY!

11:00 am - 2:00 pm

Student Life Centre Atrium & E-wing

Looking for a way to get involved on campus or in the community?

On-campus clubs & services as well as off-campus organizations from across the tri-cities will be showcasing their volunteer opportunities for students!

Getting involved is a great way to:

- Connect with your community both on campus and off
- Gain new skills and use current ones
- Enhance resume & make networking contacts
- Meet new people from all walks of life
- Develop self-esteem and self-confidence

# Conestoga starts year off with a bang

Party guests include Barack Obama, David Suzuki and Ubiquitous Synergy Seeker

## By CHERRY HARRISON

If you weren't there, you missed out. It was a beautiful day on Sept. 18, perfect weather for a pond party. And Conestoga Students Inc. did not disappoint with the back part of the campus being turned into a party zone thanks to live music, food, beverages and dance partners. It was a great way for CSI to involve both new and old students in the beginning of the year event.

Pop folk band Ubiquitous Synergy Seeker not only

played a killer show but had energy on stage that was making waves through the crowd.

"Last week I heard of them all T&E The Edge, and when I went to COSA (Canadian Organization of Campus Activities) Nationals to represent Conestoga this past June I saw them and had to know them to our Pond Party. They put on a great performance!" said Tara Horner, CSI's events co-ordinator.

Horner wasn't alone in her enthusiasm. Conestoga students danced, laughed and

drank while enjoying the band, the barbecue and the great weather.

COSA brought U.S. President Barack Obama and environmental David Suzuki to the party. Both of their residential regions were well represented by a Conestoga student and our very own Cherry the Gender, who danced with the audience.

"I had a great time at Pond Party this year," Horner said. As a graduate of marketing at Conestoga, I have learned so much from my teachers and

during my time I was always interested in events, but I wanted to make this year. It makes me inspired to see that I can change things around and bring a great edge to events. I hope to give the present and future students

of Conestoga what they deserve. More than 3,000 attended the event.

For more information on upcoming CSI events contact Tara Horner at [thorner@conestoga.ns.ca](mailto:thorner@conestoga.ns.ca)

**Be the Difference at Conestoga!**  
**Join the Respect Student Committee!**

- Develop your leadership skills and build new ones!
- Make a difference in your college community!
- Great resume and portfolio builder!
- Make new friends by getting involved!

Pick up a Respect student committee application form or find out more by visiting the Student Life Office!  
 Located in Room 2419H-2, Student Life Centre

Thank You for Being the Difference



Photo by Cherry the Gender

A Conestoga student and Cherry the Gender work on a banner with anti-bullying messages at the Old Pond Party Sept. 18.



Photo by Sarah Palmer

Josh and Sarah give off a positive energy with their folk music.



The Punk Party was held on a beautiful day which turned downcast. Students and the staff is the star. They also had the option of sleeping, waiting or enjoying the music.

Below right: Tom Hanks, CEO of the company, presented City the Center with the star and enjoy music as the star and enjoy music as the star.

PHOTO BY  
STACEY FALCONER





Photo by Alan Pines

Susan Kukulinski is a new professor in the School of Engineering and Information Technology.

# Welcome aboard

## School of Engineering welcomes new prof

By ALAN PINES

There are a lot of new faces in the School of Engineering and Information Technology, and students may hardly know the student from the Second Career opportunity for laid-off workers means there are more mature students.

"The program is targeting at the seniors," said Susan Kukulinski, chair of the program.

"But there is always a different way to the first month."

On the faculty front, the school welcomes newcomer Susan Kukulinski who has travelled a long road to get here and will be teaching 90 first year engineering students.

"I have taken me quite a few years to get to this point," said Kukulinski.

After studying math, engineering and robotics in Canada, she'll be and Moore the married mother of two was a senior quality engineer at General Motors in the Conestoga in Toronto, Ont.

However, after volunteering with FIRST (For Inspiration and Recognition of Science and Technology) in Port Perry Ont., where she encouraged young students to pursue careers in robotics and math, she knew she wanted to teach her passion to others.

After being hired by Conestoga Kukulinski has husband and 11-year-old son, David, moved to New Dresden to be close to the college.

In August, she participated in one of the two trials stages held by the School of Engineering and Information

Technology. There she was one of two selection students from Port Perry High School. He was presenting his final project to consider what their center. The Robotics center was already on a list long before graduating from the mechanical engineering technology program at Conestoga.

"I was very happy to be hired by a successful business Kukulinski said.

Although she was the only female in her class and she teaches only four females in a class of 90, she has never thought that being a woman in a male dominated field was anything special.

There are no barriers for women in engineering, she said.

"I feel no different than a man in engineering."

## Conestoga College helps immigrants find work

By MICHELLE PELFREY

Conestoga College is using its strength as a co-op to help immigrants find meaningful work in Canada.

At the end of January 2000 Conestoga College joined forces with the Waterloo Region Immigrant Employment Project (WRIEMP) to help find immigrants for employers in Canada.

WHEN it's time to find work experience for immigrants that could lead to permanent employment. Many immigrants recently trained professionals come to Canada with licenses that need to be converted here or they can continue their careers. Some of these barriers include learning English and updating their skills.

WHEN this leads means for the students who can help them with some of these barriers.

Conestoga College has more than 100 employees in

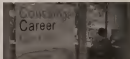
all fields, which WRIEMP sees as an advantage. A list of these fields and work history can be updated on the website in every region.

People find it is the first of an operation, education and career services at Conestoga College and is one of the driving forces behind Conestoga's involvement in the program. She will also work together with Conestoga's Career Centre to find employees in relevant fields. Some companies that are interested in hiring interns include Shell International Working Centre and the WRIEMP.

"The internship helps identify specific barriers so they know what they have to do," Hulse said.

For more information on the program, visit Conestoga's Career Centre located on the Student Centre across the building at the Dean campus.

PHOTO BY MICHELLE PELFREY



Conestoga College has a Career Resource Centre where students can get guidance about future job prospects. With with resources and interviewing skills to stay available.



## ON-CAMPUS CHIROPRACTOR

Covered by CSI Health Plan

## HEALTH SERVICES

748-5220 Ext. 3679

## Attention all healthcare/pre-health students!



The Waterloo Interprofessional Healthcare Student Collaborative is inviting all healthcare/pre-health students from Conestoga College, McMaster University, University of Waterloo and Wilfrid Laurier University to attend their first annual WHSG Borel on Sept. 26, 2000 at Victoria Park.

This is an exciting day of fun and games designed to build the personal trust and understanding required in a multi-disciplinary healthcare setting. It is a great networking opportunity and a great way to build relationships that will remain all throughout your future career.

Events begin at 11 a.m. but please arrive by 10:30 to register and be assigned to your teams. A BBQ and refreshments will be provided.



# Walking for Parkinson's

By **BARBARA MUIR**

Participants at the starting line were like racehorses straining at the gate eager to kick off the annual support SuperWalk for Parkinson's Sept. 22.

Over 513,000 men joined to help fund a cure for Parkinson's. Among the 180 walkers was 71-year-old Ken Verschuik, who was diagnosed with Parkinson's in 1988.

Parkinson's is a disorder of the brain. Movement is controlled by dopamine, a neuro-transmitter which controls movement. If cells that produce dopamine die, so are damaged symptoms of Parkinson's appear.

"I don't have much problem walking. But I do shuffle a lot," said Verschuik.

After Verschuik was diagnosed with Parkinson's he took part in a North American study one of five Canadians who took part.

The study was to see if supplementing dopamine cells found in the human eye into areas of the brain damaged



And they're off! More than 100 people participated in the annual annual SuperWalk for Parkinson's held Sept. 22 at Riverside Park in Cambridge. Above left, Barbara Muir, chair of the Cambridge SuperWalk Committee, welcomes and thanks everyone for their support and help in finding a cure for Parkinson's. Right, Ken Verschuik, a Cambridge resident who suffers from Parkinson's, came out with his family to take part in the event.



PHOTOS BY BARBARA MUIR

by Parkinson's disease could reduce symptoms and improve quality of life in people with moderate to severe Parkinson's. The treatment was called apomorphine.

"I went for the surgery in Atlanta. They cut open my head, and inserted the solu-

tion, the human eye," said Verschuik.

These people received the real treatment of apomorphine while others received a placebo. Verschuik found out later that he received the real treatment. Friends and family have noticed some improve-

ment in how much they

shuffle. Barbara Muir, the chairwoman of the Cambridge SuperWalk for Parkinson's, took the event and expressed her joy to walk.

"I do it for my granddaughters who has Parkinson's," said Muir.



## WRITING HIS WAY TO A FREE TUITION



PHOTO BY JESSICA GIBSON

Yves Roy is first year materials and operations management student. He won first place in a first year essay contest, winning the Sir Kingsley Browne Award essay competition. The award was presented by his program's co-ordinator, Stephen Thomson.

## CLASSIFIEDS

### Volunteers Needed

Volunteer with a child at their school and help improve their self-esteem and confidence.  
1-3 hours a week commitment  
Call Canadian Mental Health  
744-7848 3304

The Distress Centre needs volunteers to provide confidential, supportive listening on our Crisis & Distress line.

Complete training provided.  
Call 519-744-7848 x 250

## CONESTOGA STUDENTS INC

WWW.CONESTOGASTUDENTS.COM

### OPEN LETTER TO STUDENTS

On behalf of the Conestoga Students Inc (CSI), I would like to welcome you all to Conestoga College. One of the first things you know that the Ontario Public Service Employees Union (OPSEU) has filed an application with the Ontario Labour Relations Board (OLRB) to recognize all part-time support staff workers, including students.

To this, the OLRB has not made a decision as to when they will rule a decision will be made. The College Student Alliance (CSA) our provincial advocacy organization, believes the teachers vote will be scheduled sometime this fall.

If you are currently working part-time on-campus or planning to apply for such a position please take the time to become an elected or appointed. By doing the CSA can ensure that when the vote takes place on Conestoga, you have made an informed vote. CSI is committed to ensuring that all students are given an opportunity to have their voices heard during the vote.

This is a very important vote and we urge you to take action in this vote. Your support is being needed. This vote will be your chance to make our voices heard. So please make sure you have all of the necessary information to make an informed and educated vote. Make sure your vote is heard.

For more information and updates, please don't hesitate to join us in the Board of Directors either 24-24 or via the College Student Alliance's (CSA) website: [www.collegestudentalliance.ca](http://www.collegestudentalliance.ca) and [www.opseu.org](http://www.opseu.org).

Sincerely,

Monica Roman  
President

This message is brought to you by the College Student Alliance (CSA) and OPSEU (public service union).





## HOROSCOPE

Week of Sept. 21, 2009



### Aries

March 21 - April 19

History of stars as green shoots. You will be late for an important appointment but it will be a rewarding success.



### Libra

September 23 - October 23

While leaving your bank you will have a meeting. It will not directly bring you back on the counter.



### Taurus

April 20 - May 20

You will visit every single one of your friends this week through all emotional troubles. You will find a great deal on used hard hats.



### Scorpio

October 23 - November 21

Look out for a sudden meeting. A beautiful visitor will take up a great deal of your free time.



### Gemini

May 21 - June 21

While riding on the train you will realize a fly. Do not attempt to remedy the situation through a solution you learned in a children's song.



### Sagittarius

November 22 - December 21

You will discover a new talent but you never knew you had. Fully this new talent will cause problems in your personal life.



### Cancer

June 22 - July 22

While riding on a subway you accidentally hit your engine. While leaving your engine you will find a cause. There are days in people's life.



### Capricorn

December 22 - January 19

In many of people's camps offering free food it will likely cause serious digestive problems.



### Leo

July 23 - August 22

While out for exercise with your horse. You will experience trouble with the structure of their joint this week.



### Aquarius

January 20 - February 18

A small popcorn will run your Thursday. You will find that your sleeping habit will change after this week.



### Virgo

August 23 - September 22

You will tell today in a show this week. The will come out to get all over your shelling. While leaving your shelling you will try a new kind of gun that you will love.



### Pisces

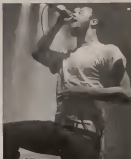
February 19 - March 20

Look out for a sudden meeting a violent fall. You will get an amazing notice your partner for you.

## CROWD GOES WILD FOR PROTEST THE HERO

Early Wednesday night, at Westdale, the stars got the crowd below an umbrella at their recent concert at Arrow Hall in Mississauga. Some of the big names coming to a concert hall near you are: *Children of Bodom*, *Bayle*, *311*, *Blindfold*, *in Rochester*. The live! Oct. 26 at Post Holes in Toronto and the *Dropkick Murphys* Nov. 20 at Sound Academy in Toronto.

PHOTO BY JENNIFER HARRIS



## Counsellor's Corner

### Welcome from Counselling Services

To those students who are beginning their college career at Conestoga, welcome! Right now you are probably excited about opportunities to learn more about your area of study, meet other students and just live your way around campus. As well, we encourage you to take advantage of the many services that Counselling Services have designed to help students be successful!

Professionally trained counsellors can help you resolve barriers that stand in the way of you reaching your educational goals. Arrange to see a counsellor if you have academic or personal concerns during your time at Conestoga. Groups and workshops are offered for such issues as performance anxiety, stress management and relaxation.

Counselling is free to students, voluntary and confidential. Counsellors can also refer you to other College and community resources that can help.

To those students who are returning for another semester of study, welcome back! We hope the coming term provides fresh ideas and challenges, new friends and activities and brings you closer to your academic goals! Come and see us in Counselling Services if we can help in any way.

Counselling Services; 1A101  
Student Life Centre

[www.conestoga.ca/en/counselling/](http://www.conestoga.ca/en/counselling/)



Nath Danks is a second year journalism student holding fast to the pain of his heart.

# Other fish to fry

By ALAN KOPPEL

A boat ride on a smooth, still lake. On it, a silent team of two oars their limbs over the water and water.

If that sounds like the title the Coonapee fishing team is for you. Matt Perreault, a 18-year-old, third-year student in the mechanical engineering and facility management programs at University College, started the club in 2005. At Lake Umbagog waterfront near the top of two Perreault is actively involved in the Berkley 80 Collegiate Bass Challenge.

There are seven members as far as the Coonapee team, but Perreault is hoping for more anglers this semester. By the team are Curtis Gaudin, Steven Young, Craig de Kuyper, Andrew Poirer and 16-year-old Perreault.

"This first semester in Sept. 22 2006 and was hoping for more new fans," Perreault said.

The team competed in a two-day, televised competition in Quebec this year, on Lake Saint-Louis, ending in 14th of fish. Every team paid \$150 to enter the competition, and that total was then split into the first, second and third place prizes. Sixty-five people were awarded for first place, 85 for second, and the overall prize and 100 per cent for third.

Coonapee was the only school to compete, however, next year Georgian College, York University, University of Ottawa and George Brown College will be participating. "You have to be the representative for the challenge," Perreault said, explaining how



ALAN KOPPEL

Members of Coonapee's bass fishing team meet monthly to discuss fishing tactics. Sometimes Matt Perreault, founder of the team, leads in a professional from the competitive fishing industry to talk to the team.

the teams fish for eight hours each day, starting as early as 6 a.m., and not going to bed until 11 p.m.

On Aug. 5, Perreault and the only female member in St. Pierre, started and won the Bay de St. Lawrence Half competition, where teams had to consist of one man and one woman.

"I know it really good at fishing," Perreault said.

What happens in the fish, more they're caught?

"That is the thing that everyone wants to know," Perreault said.

The competition always work on a catch and release offer. The fish are kept in one water in holding tanks in each boat. The air is then kept the fish's brain into down. Then the fish are

transferred into a bag of oxygenated water, before being transferred again into a bucket for final weighing. After being weighed, all the fish are put into a boat, taken to the middle of the lake, and released through a door at the bottom of the boat.

Coonapee's bass fishing team will meet once a month during the school year, either to speak to a representative from the competitive fishing industry or to "talk shop" with other angling novices.

The team also's practice fishing together to prepare for competitions.

"With tournaments it's 100 per cent profit and 10 per cent profit," said Perreault.

For more information on the team, contact Matt Perreault at matt.perreault@yorku.ca.

# Getting back into swing of things

By STEPHAN LAMBERT

You may notice the baseball field's long used as you walk the track to slowly every way from the college. There's a stadium built the sign up deadline for the first round of Coonapee tournament.

Although you started out on the first of 6-pitch, you're not totally out of luck. Registration, which is for season two of tournament, from about 10:00 a.m. to 1:00 p.m. and is held in elementary school. For every 100 students, there should be one student for every 100 students.

Not the time a European baseball, which was requested by the students last year.

Starting from Oct. 5 until Dec. 18, students can sign up with friends, classmates and coaches. You can sign up with a letter or an email. With a letter, you have to pay a \$40 fee, but as long as they follow some basic rules like no fighting, smoking or drinking, they will get the money back. Any fee funds go into the university's sports fund.

Kate McCarty, Coonapee's athletic director, said they are expecting around 1,000 students to play

baseball this semester. The season is also starting as early as the year, based on any amount from students who wanted extra game time.

However, most students just don't seem to have the time to commit to being part of a team.

I haven't even thought about it," said Anna Stupanski, a second-year business management student. "I'm already swamped for five hours due to co-ordinator class, the workload of my program as well as still holding down my part-time job."

Some students, such as third-year marketing student Joe Belton, think even more about it. Coonapee's main event, which is held at Coonapee.

"I would love to play, but unfortunately I can't because of the workload this year," Belton said.

McCarty was quick to answer those questions. "It's too much stuff to really think about," she said. "Get out and have some fun."

For more information about Coonapee's sports, drop by the rec center, call Kate McCarty at 318-344-3222 ext. 2277, or visit www.collegeathletics.ca/sports.

www.kwsfinest.com

## RIM PARK

SAT SEPT 26 & SUN SEPT 27

10am - 5pm

Free admission

MASSIVE  
TWO DAY SALE

# KW's finest

The products you'd love to own...

...at the price you want to pay!

KW's local retailers have come together to offer you a weekend of massively discounted products!

CONESTOGA  
STUDENTS INC.

# Flays

## BASEBALL TRIP

NOT DEPART FROM DOOR #14 AT 10:00. SHIRT GAME STARTS AT 1:00.  
BUY YOUR TICKETS IN THE SELF SERVICE AREA, ROOM 2400  
SEATS ARE LOCATED IN THE 100 LEVEL OUTFIELD

SUNDAY, SEPTEMBER 27<sup>TH</sup>

**\$21.00 A TICKET**  
INCLUDES  
TRANSPORTATION  
AND TICKET.

ADMIT ONE

# TOGA PARTY

## PUB NIGHT

CONESTOGA STUDENTS INC.

ALL AGES WELCOME! NO DRUGS OR ALCOHOL! NO SMOKING! NO GAMING! NO GAMING! NO GAMING!

**\$2.00 A TICKET**

WAKE ONLY

THURSDAY SEPTEMBER 24<sup>TH</sup> IN THE SANCTUARY FROM 8PM - 1 AM